

INTRODUCING



What do we mean by real life today?
Opportunities abound.

When in “Roam” scale:

- 1 Stage 1:** Can't and won't look up.
- 2 Stage 2:** Wishes they could look up more.
- 3 Stage 3:** Spots people and is curious to meet them “in person.” Will respond to overtures.
- 4 Stage 4:** Talks to people but still has doubts.
- 5 Stage 5:** Can talk to anyone. Ask for a video date. No fear of rejection.



STAGE 1

Give Happy Eyes.

Acknowledge Others.

STAGE 2

Hunt as many connections
as possible.





STAGE 3

Learn to throw.

Strike up a Conversation.

STAGE 4

Challenge insecurity and stretch your ability to handle rejection.



STAGE 5

Move on quickly if it's not your one.



THE BEATS

1 Getting the nod to have a virtual call

2 Starting the conversation/one-liners

3 Your favorite 3H (Head, Heart and, yes, Hoo-ha) questions

4 Checking in, how is this going?

5 The exit/set up the next date

Go from text to phone to video

Once you have had a few fun, banter-y (if it were a word) texts, move it to the phone, if that call is fun, connected, move it to video - whatever your poison
- Google, FaceTime, Zoom, etc

The 3H's:

The Head, Heart, and Hoo-ha*

The HEAD...

argues for what looks good on paper, voting in favor of who is practical and smart to date.

The HEART...

gauges the connection, trust, and respect

The HOO-HA...

argues for the one that's hot and is measuring the attraction at all times!

Ask 3H inspired questions.

THANK YOU!

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- ♥ Free Gift: Your Special Coaching Package
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- ♥ A complimentary 30-minute coaching consultation

Within 24 hours, we will email you the link to the recording of this evening's webinar.



INNER.U LOVE

LEARN TO HUMAN BETTER IN LOVE

Inner.U LOVE is our online coaching course that gives you the tools to not only avoid heartbreak, but find whatever, whomever, and how many-ever it is that you truly and wholeheartedly want.

- Align your Head, Heart, and Hoo-ha
- Uncover your dreams
- Learn how to get out of purgatory by purging
- Put your past to pasture.
- Unpickle your pickled picker
- Leap leagues
- Come to terms with your terms
- Learn how to date like you mean it

INNER.U LOVE

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- 12 audio coaching sessions with Lauren Zander
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- 2 free Q&A calls a month
- The Promise Tracker
- A Buddy System

