

Uncover

- Communicate within respectful boundaries with the help of an experienced third party mitigator.
- Agree upon a mutual interpretation of the conflicts at hand.
- Revisit family history and gain insight into ALL your relationships.



Family Matters Retreat



Heal

- Process your feelings and clean up resentments.
- Identify behavioral patterns and learn how to break them.
- Forgive and be forgiven, once and for all.

Redefine

- Create a new vision for your relationship.
- Design and implement a healthy strategy to move forward.
- Start the work of changing immediately.



Few things are as mentally and emotionally burdensome as a broken family dynamic. Whether in the context of a strained relationship between siblings, parents, children or relatives, a conflict that reaches the point of stalemate affects the whole family.



Family Matters Retreat

If you and a relative are currently in crisis mode, reaching a painful breaking point or are experiencing a complete lapse in communication, we would love to help you. An HG family retreat goes beyond traditional family counseling to deliver peace, resolution and a renewed sense of harmony in just one life-changing weekend. Our experienced coaches are well-versed in the examination and resolution of personal histories, character traits, relationship dynamics and personal integrity. Our proven method gets to the heart of what's really at play in your relationship so you can each be heard, understood, and respected.

This session will expand your understanding of yourself and each other, and forever alter the dynamic you share.

To find out if a family members retreat is right for your situation, please call us at 800-617-7040 or email us coach@handelgroup.com for a free consultation.