

12 Areas of Life



SELF

How You Feel About Yourself, Personality Traits & Habits



BODY

Health, Weight & Appearance



LOVE

Dating, Marriage, Sex & Romance



SPIRITUALITY

Self-defined



CAREER

Business, Work & School Life



MONEY

Earnings, Savings & Money Management



TIME

Relationship to Time, To Do's & Time Management



HOME

Where you live, Your Space.



FAMILY

Immediate & Extended Family & Parenting



FRIENDS

Old & New Friends



FUN &
ADVENTURE

Indulgent Time, Vacations & Extracurricular Learning



COMMUNITY &
CONTRIBUTION

Participation in Your Community