

# HANDEL GROUP



## Rating Scale

10	Sublime	Moments of sheer bliss, happiness and pride.
9	Extraordinary	The highest sustainable rating for an area.
8	Happy	Sustainable, reliable, and consistent state of deep satisfaction. A source of pride.
7	Pretty Good	Not a source of pain, but not a source of pride either. Reliable, for the most part...
6	Fine	Not intolerable yet, but an area that is actively avoided and its avoidance is often defended.
5	Lame	Becoming intolerable and a source of resignation.
4	Disappointing	A sad state with moments of indifference and potential hostility.
3	Bad	Things are very bad. It is not yet life threatening or at a point of no return, but getting close.
2	Acutely Painful	Virtually unbearable. Things are hopeless.
1	Excruciating	Unsustainable level of suffering. Reserved for individual episodes and moments of hell.



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