



Parent Support Workshop: Designing Healthy Families

Parents! We've been coaching kids and teens across the country on how to take charge of their lives, even during this pandemic. Now it is your turn!

Spend 8 weeks with us getting clear on how you want to show up as a parent and dealing with any roadblocks in your way. You will learn to talk back to your inner dialogue that says this is hard, stomp on excuses that keep you from rocking your parenting, take down the personality traits that damage your relationship with your kids, and learn how to keep promises to yourself and your kids that are a match for your parenting dreams. Join us!

\$299

To learn more about customized programming for parents and guardians, or to enroll in our next series, contact

education@handelgroup.com